

## Medications That Can Cause Memory Loss or Confusion

### Allergy Medications

Benadryl  
Diafen  
Vistaril

### Anti-anxiety

Ativan  
Equanil  
Librium  
Miltown  
Serax  
Valium  
Xanax

### Antidepressants

Asedin  
Desyrel  
Elavil  
Lithium  
Ludiomil  
Norpramin  
Pamelar  
Sinequan  
Surmontil  
Tofranil

### Antipsychotics

Haldol  
Mellaril  
Navane  
Thoraazine

### Anti-Seizure

Dilantin  
Phenobarbital  
Primidone  
Phenytoin

### Heart Medications

Aldomet  
Apresoline  
Atropine  
Catepres  
Digitalis  
Diuretics  
Inderal  
Lidocaine  
Lopressor  
Reserpine

### Hypnotics

Ativan  
Barbiturates  
Chloral Hydrate  
Serax  
Xanax

### Parkinson's Drugs

Bromocriptine  
L-Dopa  
Sinemet  
Symmetrel

### Other Medications

General Anesthesia  
Insulin  
Narcotic pain medication  
Non-narcotic pain medication  
Pepcid  
Steroids  
Tagamet  
Zantac

- 0 Medications affect people in different ways. Not all patients taking a medication will experience memory loss or confusion. Likewise, you could experience memory loss or confusion from a medication not listed.
- 0 **If you notice memory loss or confusion after starting a medication, talk to your pharmacist, particularly if you are taking 3 or more prescription medications. Be sure to show the pharmacist all the medications you are taking, including over-the-counter medications and herbal supplements.** Some memory problems may be related to interactions between your medications and/or supplements.
- 0 To be sure you fully absorb your medications, drink 8 oz. of water when you take any medication, vitamin, or supplement.