

Medications That Can Cause Memory Loss or Confusion

Allergy Medications

Benadryl
Diafen
Vistaril

Anti-anxiety

Ativan
Equanil
Librium
Miltown
Serax
Valium
Xanax

Antidepressants

Asedin
Desyrel
Elavil
Lithium
Ludiomil
Norpramin
Pamelar
Sinequan
Surmontil
Tofranil

Antipsychotics

Haldol
Mellaril
Navane
Thorazine

Anti-Seizure

Dilantin
Phenobarbital
Primidone
Phenytoin

Heart Medications

Aldomet
Apresoline
Atropine
Catepres
Digitalis
Diuretics
Inderal
Lidocaine
Lopressor
Reserpine

Hypnotics

Ativan
Barbiturates
Chloral Hydrate
Serax
Xanax

Parkinson's Drugs

Bromocriptine
L-Dopa
Sinemet
Symmetrel

Other Medications

General Anesthesia
Insulin
Narcotic pain medication
Non-narcotic pain medication
Pepcid
Steroids
Tagamet
Zantac

- 0 Medications affect people in different ways. Not all patients taking a medication will experience memory loss or confusion. Likewise, you could experience memory loss or confusion from a medication not listed.
- 0 **If you notice memory loss or confusion after starting a medication, talk to your pharmacist, particularly if you are taking 3 or more prescription medications. Be sure to show the pharmacist all the medications you are taking, including over-the-counter medications and herbal supplements.** Some memory problems may be related to interactions between your medications and/or supplements.
- 0 To be sure you fully absorb your medications, drink 8 oz. of water when you take any medication, vitamin, or supplement.